

# 2024 Spring Schedule

<b>Gym Tots</b>							
(45 minute classes)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent-Tot (18 months-3yrs, w/caregiver)		9:30	9:30		9:30		
Mini Tots (3-4yrs)	10:30	10:30	10:30		10:30	9:00	
Super Tots (4-5yrs)		11:30	11:30	11:30	11:30	10:00	
<b>After School Programs</b>							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
After School Gym Jam	3:30-4:25	3:30-4:25	3:30-4:25	3:30-4:25	3:30-4:25		
Beginning Girls Gymnastics (5-7 year olds)	4:30	4:30	4:30, 5:30	4:30	4:30		
Beginning Girls Gymnastics(8-10 year olds)	4:30, 5:30		4:30	4:30	4:30		
Intermediate Girls Gymnastics (2x/wk suggested)	4:00-5:30	4:00-5:30		4:00-5:30			
Tumbling		4:30	4:30	4:30			
Gym Gents	4:30		4:30				
<b>Pre-Team Gymnastics</b>							
Hot Shots		3:30-4:30		3:30-4:30			
Devo	4:30-6:00		4:30-6:00				
<b>Adult Gymnastics</b>							
Beginning Gymnastics				6:00			
<b>Big Air</b>							
(55 min classes, K+ unless noted)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginning Big Air		4:30	4:30	4:30			
Intermediate Big Air (7yrs +)		5:30		5:30			
<b>Open Gym</b>							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool Gym (1-4yrs, w/caregiver)				9:30-10:30		11:00-12:00	11:00-12:00

(every 1st & 3rd of the month)

